

A.F.C.S. - Suggested Planning Course

| | GG | DAY | TIME | OBJECT | SPECIFICATION |
|--------------------|--------------------|----------|-------------|----------------------|--|
| Program A - 3 Days | 1 | Friday | 19.00/24.00 | Theory | <ul style="list-style-type: none"> - Introduction; - Warming-up: video on different fly fishing approaches. - Classes: dia projection on Tackles, Entomology, Mechanic and Dynamic in fly casting, Analysis of casting actions - Suggestions |
| | 2 | Saturday | 10.00/13.00 | Indoor Practice | <ul style="list-style-type: none"> - Demonstration of common mistakes in casting; - Demonstration of the appropriate method of casting - One by one training |
| | | | 14.00/18.00 | Indoor Practice | <ul style="list-style-type: none"> - Demonstrations performed by the instructor to show the correct use of the left hand, better line extension and special casts - One by one training |
| | | | 21.00/23.00 | Theory | <ul style="list-style-type: none"> - Analysis of the casting action filmed during practical exercise |
| | 3 | Sunday | 10.00/13.00 | Indoor Practice | <ul style="list-style-type: none"> - One by one training - Demonstrations performed by the instructor to show the potentialities of different casts |
| | | | 14.00/18.00 | Outdoor Practice (*) | <ul style="list-style-type: none"> - Practice on the water |
| | Program B - 5 Days | 4 | Monday | 10.00/13.00 | Indoor Practice |
| 14.00/18.00 | | | | Indoor Practice | <ul style="list-style-type: none"> - One by one training |
| 5 | | Tuesday | 10.00/13.00 | Outdoor Practice | <ul style="list-style-type: none"> - Practice on a river |
| | | | 14.00/18.00 | Outdoor Practice | <ul style="list-style-type: none"> - Practice on a river |

(*) at nearby river if possible